

MIDWATER DUATHLON
July 8, 2012
Lake Afton, KS

Place	NO.	NAME	TOWN	ST	AGE	S	RUN			BIKE			RUN			FINAL				
							Spt	Split	per	T1	T1	Spt	Split	Rate	T2		T2	Spt	Split	per
							Time	Mile	Pic	Time	Pic	Time	MPH	Pic	Time	Pic	Time	Mile	Pic	Time
1	323	Trevor Smith	Olathe	KS	31	M	1 19:36	6:20	2	0:34	4	48:01	19.4	14	0:49	1	20:31	6:37	1	1:29:28
2	318	Dale Bing	Wichita	KS	60	M	2 20:08	6:30	15	1:07	1	46:55	19.8	11	0:45	2	20:54	6:45	2	1:29:46
3	312	Buddy Romine	Columbus	KS	40	M	4 21:38	6:59	1	0:31	3	47:45	19.5	8	0:38	3	22:10	7:09	3	1:32:40
4	310	Jeff Rigour	Olathe	KS	35	M	5 21:55	7:05	5	0:45	2	47:18	19.7	3	0:32	5	23:04	7:27	4	1:33:32
5	315	Heath Glenn	Topeka	KS	45	M	3 21:33	6:57	7	0:48	8	51:47	18.0	10	0:42	4	22:22	7:13	5	1:37:10
6	309	Barrie Roesler	Wichita	KS	34	M	6 22:25	7:14	4	0:41	5	49:45	18.7	4	0:35	7	25:32	8:15	6	1:38:57
7	316	Troy Scarlett	Sedwick	KS	46	M	7 22:44	7:20	17	1:15	6	50:05	18.6	15	0:53	13	27:48	8:58	7	1:42:42
8	304	Carrie Glenn	Topeka	KS	42	F	11 24:40	7:58	9	0:50	10	52:44	17.6	6	0:36	11	26:32	8:34	8	1:45:20
9	317	John Madden	Hutchinson	KS	58	M	13 25:09	8:07	18	1:21	7	51:37	18.0	18	1:22	9	26:07	8:26	9	1:45:35
10	308	Randal Schafers	Mulvane	KS	31	M	14 25:23	8:12	3	0:38	9	52:25	17.7	1	0:26	12	27:47	8:58	10	1:46:37
11	305	Donna Spoonemore	Hillsboro	KS	50	F	8 24:03	7:46	6	0:47	16	57:05	16.3	2	0:28	6	25:23	8:11	11	1:47:43
12	301	Dana Howes	Wichita	KS	33	F	9 24:12	7:49	13	1:03	13	55:38	16.7	7	0:37	10	26:25	8:32	12	1:47:54
13	303	Angela Diedrich	Wichita	KS	40	F	10 24:13	7:49	16	1:13	14	56:25	16.5	17	1:06	8	26:06	8:25	13	1:49:02
14	322	Sam Owens	Wichita	KS	34	M	12 25:08	8:07	19	1:19	12	55:02	16.9	19	1:49	14	27:53	9:00	14	1:51:29
15	314	Raldan Thomas	Leawood	KS	43	M	17 27:15	8:48	14	1:04	11	53:57	17.2	16	1:02	18	30:20	9:48	15	1:53:36
16	324	Julie Wollen	Kingman	KS	50	F	16 27:11	8:47	12	0:57	17	57:44	16.1	13	0:47	15	28:09	9:05	16	1:54:47
17	306	Shanna Lenk	Wichita	KS	51	F	15 26:16	8:29	11	0:55	18	60:35	15.4	9	0:38	16	29:18	9:28	17	1:57:41
18	313	Jon Schwartz	Layton	UT	43	M	18 27:50	8:59	8	0:49	20	60:50	15.3	12	0:46	17	29:27	9:30	18	1:59:29
19	320	Timothy Byrnes	Wichita	KS	66	M	20 30:05	9:43	10	0:52	15	57:04	16.3	5	0:36	20	34:11	11:02	19	2:02:46
20	302	Pam Schmitz	Valley Center	KS	39	F	19 28:56	9:20	20	2:01	21	61:55	15.0	21	1:56	19	32:17	10:25	20	2:07:04
21	321	Katherine Chambers	Wichita	KS	37	F	21 31:51	10:17	21	2:23	19	60:47	15.3	20	1:51	21	34:41	11:12	21	2:11:31
22	311	Carl Naughan	Wichita	KS	41	M	22 33:21	10:46	22	3:30	22	65:31	14.2	22	2:26	22	39:20	12:42	22	2:24:06

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