



# 2010 Central YMCA Indoor Triathlon

## Male results

Swim 500 yds, bike 6 miles, run 2 miles

| #   | First Name | Last Name  | Age | Sex | Swim  | T1+Bike | T2+Run | Total |
|-----|------------|------------|-----|-----|-------|---------|--------|-------|
| 101 | STEVE      | LARSON     | 30  | M   | 6:32  | 17:04   | 11:52  | 35:28 |
| 202 | ALAN       | FARRINGTON | 46  | M   | 7:14  | 17:21   | 11:56  | 36:31 |
| 203 | SCOTT      | COINER     | 28  | M   | 7:59  | 17:04   | 11:39  | 36:42 |
| 108 | MARK       | HOYLE      | 44  | M   | 7:23  | 17:11   | 12:34  | 37:08 |
| 207 | MARK       | HALL       | 37  | M   | 7:33  | 18:21   | 11:51  | 37:45 |
| 102 | JEFF       | SCHMIDT    | 46  | M   | 6:18  | 18:30   | 13:10  | 37:58 |
| 104 | MARK       | HILGER     | 41  | M   | 7:06  | 17:14   | 13:59  | 38:19 |
| 601 | DOUG       | MAY        | 44  | M   | 8:08  | 17:47   | 12:48  | 38:37 |
| 305 | LONNIE     | AWTREY     | 44  | M   | 8:29  | 17:59   | 12:57  | 39:27 |
| 403 | TIM        | REYNOLDS   | 31  | M   | 8:24  | 18:01   | 13:05  | 39:30 |
| 404 | LUKE       | WINFREY    | 28  | M   | 7:44  | 18:41   | 13:21  | 39:46 |
| 301 | MIKE       | KNORP      | 42  | M   | 7:34  | 18:22   | 14:08  | 40:04 |
| 701 | BRYAN      | ZIEGLER    | 26  | M   | 9:17  | 18:24   | 12:26  | 40:07 |
| 308 | JON        | MESSENGER  | 30  | M   | 7:18  | 19:02   | 13:59  | 40:19 |
| 303 | ED         | PETKUS     | 51  | M   | 8:36  | 17:49   | 13:55  | 40:20 |
| 508 | SCOTT      | WADLE      | 30  | M   | 8:58  | 18:57   | 12:43  | 40:38 |
| 103 | CHRIS      | ROBINSON   | 15  | M   | 6:47  | 18:53   | 14:59  | 40:39 |
| 605 | ADAM       | MAY        | 13  | M   | 7:00  | 21:53   | 11:57  | 40:50 |
| 406 | TIM        | LENZ       | 48  | M   | 9:41  | 17:39   | 14:01  | 41:21 |
| 505 | SETH       | SPRANGLER  | 34  | M   | 8:28  | 19:10   | 14:02  | 41:40 |
| 307 | BLAKE      | WELLS      | 42  | M   | 8:58  | 19:23   | 13:45  | 42:06 |
| 405 | RUSS       | LUNDSTROM  | 62  | M   | 8:39  | 18:41   | 15:12  | 42:32 |
| 603 | NICHOLAS   | MAY        | 10  | M   | 7:52  | 22:24   | 12:21  | 42:37 |
| 604 | LUCAS      | MAY        | 11  | M   | 7:26  | 23:06   | 12:19  | 42:51 |
| 704 | MATTHEW    | HOYT       | 30  | M   | 10:34 | 19:39   | 12:50  | 43:03 |
| 106 | ROBERT     | FERENC     | 50  | M   | 7:15  | 19:37   | 16:19  | 43:11 |
| 607 | TOM        | LASATER    | 52  | M   | 10:17 | 16:19   | 16:51  | 43:27 |
| 205 | DAVID      | OHNMEIS    | 37  | M   | 8:50  | 19:56   | 15:13  | 43:59 |
| 401 | DAVID      | GALIK      | 26  | M   | 8:23  | 21:25   | 14:15  | 44:03 |
| 503 | BRIAN      | CLEVANGER  | 36  | M   | 7:59  | 19:50   | 16:31  | 44:20 |
| 402 | JOE        | HULLINGS   | 52  | M   | 8:30  | 19:46   | 16:47  | 45:03 |
| 107 | MICHAEL    | MCGEE      | 40  | M   | 8:18  | 24:29   | 13:42  | 46:29 |
| 805 | ANDY       | ROSS       | 30  | M   | 11:05 | 20:41   | 14:59  | 46:45 |
| 802 | RYAN       | UNRUH      | 36  | M   | 9:46  | 23:48   | 13:20  | 46:54 |
| 908 | STEVEN     | MORRIS     | 29  | M   | 9:18  | 20:51   | 16:47  | 46:56 |
| 407 | ANDREW     | PALL       | 40  | M   | 8:48  | 19:51   | 18:29  | 47:08 |
| 901 | CRAIG      | MILLER     | 34  | M   | 9:19  | 20:34   | 18:20  | 48:13 |
| 707 | TIM        | MARTZ      | 55  | M   | 9:57  | 22:08   | 16:18  | 48:23 |
| 703 | JEFF       | RODGERS    | 27  | M   | 9:40  | 20:21   | 18:35  | 48:36 |
| 302 | DAVID      | MORGAN     | 52  | M   | 8:05  | 21:15   | 20:15  | 49:35 |
| 507 | SAM        | LETT       | 40  | M   | 8:55  | 23:30   | 21:34  | 53:59 |
| 608 | JOSE       | OCADIZ     | 38  | M   | 11:45 | 25:22   | 17:40  | 54:47 |
| 501 | AARON      | WALLACE    | 30  | M   | 12:20 | 26:00   | 17:32  | 55:52 |
| 907 | GEORGE     | TCHANKWE   | 25  | M   | 17:42 | 23:50   | 15:40  | 57:12 |
| 208 | JOE        | KNORP      | 14  | M   |       |         |        | DNF   |
| 905 | ANDREW     | SCHMEIBER  | 18  | M   | 11:18 |         |        | DNF   |
| 504 | TRAVIS     | HACKNEY    | 29  | M   |       |         |        | DNF   |
| 705 | BARRIE     | ROESLER    | 31  | M   | DNF   | 17:20   | 14:24  | DNF   |
| 408 | THOMAS     | FOLEY      | 45  | M   |       |         |        | DNF   |
| 502 | JOHN       | ADAMSON    | 47  | M   |       |         |        | DNF   |

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## Overall results

Swim 500 yds, bike 6 miles, run 2 miles

| Place | #   | First Name | Last Name  | Age | Sex | Swim  | T1+Bike | T2+Run | Total |
|-------|-----|------------|------------|-----|-----|-------|---------|--------|-------|
| 1     | 101 | STEVE      | LARSON     | 30  | M   | 6:32  | 17:04   | 11:52  | 35:28 |
| 2     | 202 | ALAN       | FARRINGTON | 46  | M   | 7:14  | 17:21   | 11:56  | 36:31 |
| 3     | 203 | SCOTT      | COINER     | 28  | M   | 7:59  | 17:04   | 11:39  | 36:42 |
| 4     | 108 | MARK       | HOYLE      | 44  | M   | 7:23  | 17:11   | 12:34  | 37:08 |
| 5     | 207 | MARK       | HALL       | 37  | M   | 7:33  | 18:21   | 11:51  | 37:45 |
| 6     | 102 | JEFF       | SCHMIDT    | 46  | M   | 6:18  | 18:30   | 13:10  | 37:58 |
| 7     | 104 | MARK       | HILGER     | 41  | M   | 7:06  | 17:14   | 13:59  | 38:19 |
| 8     | 601 | DOUG       | MAY        | 44  | M   | 8:08  | 17:47   | 12:48  | 38:37 |
| 9     | 201 | KARLA      | GREGG      | 34  | F   | 7:40  | 18:48   | 13:03  | 39:11 |
| 10    | 305 | LONNIE     | AWTREY     | 44  | M   | 8:29  | 17:59   | 12:57  | 39:27 |
| 11    | 403 | TIM        | REYNOLDS   | 31  | M   | 8:24  | 18:01   | 13:05  | 39:30 |
| 12    | 404 | LUKE       | WINFREY    | 28  | M   | 7:44  | 18:41   | 13:21  | 39:46 |
| 13    | 301 | MIKE       | KNORP      | 42  | M   | 7:34  | 18:22   | 14:08  | 40:04 |
| 14    | 701 | BRYAN      | ZIEGLER    | 26  | M   | 9:17  | 18:24   | 12:26  | 40:07 |
| 15    | 308 | JON        | MESSENGER  | 30  | M   | 7:18  | 19:02   | 13:59  | 40:19 |
| 16    | 303 | ED         | PETKUS     | 51  | M   | 8:36  | 17:49   | 13:55  | 40:20 |
| 17    | 508 | SCOTT      | WADLE      | 30  | M   | 8:58  | 18:57   | 12:43  | 40:38 |
| 18    | 103 | CHRIS      | ROBINSON   | 15  | M   | 6:47  | 18:53   | 14:59  | 40:39 |
| 19    | 605 | ADAM       | MAY        | 13  | M   | 7:00  | 21:53   | 11:57  | 40:50 |
| 20    | 406 | TIM        | LENZ       | 48  | M   | 9:41  | 17:39   | 14:01  | 41:21 |
| 21    | 505 | SETH       | SPRANGLER  | 34  | M   | 8:28  | 19:10   | 14:02  | 41:40 |
| 22    | 307 | BLAKE      | WELLS      | 42  | M   | 8:58  | 19:23   | 13:45  | 42:06 |
| 23    | 304 | JAMIE      | MORTON     | 24  | F   | 8:30  | 19:00   | 15:00  | 42:30 |
| 24    | 405 | RUSS       | LUNDSTROM  | 62  | M   | 8:39  | 18:41   | 15:12  | 42:32 |
| 25    | 603 | NICHOLAS   | MAY        | 10  | M   | 7:52  | 22:24   | 12:21  | 42:37 |
| 26    | 206 | KIMBERLY   | MENDELSON  | 47  | F   | 8:34  | 18:37   | 15:29  | 42:40 |
| 27    | 705 | BARRIE     | ROESLER    | 31  | M   | dnf   | 17:20   | 14:24  | 42:44 |
| 28    | 604 | LUCAS      | MAY        | 11  | M   | 7:26  | 23:06   | 12:19  | 42:51 |
| 29    | 704 | MATTHEW    | HOYT       | 30  | M   | 10:34 | 19:39   | 12:50  | 43:03 |
| 30    | 105 | KATHLEEN   | BROWN      | 38  | F   | 7:22  | 19:46   | 16:01  | 43:09 |
| 31    | 106 | ROBERT     | FERENC     | 50  | M   | 7:15  | 19:37   | 16:19  | 43:11 |
| 32    | 602 | EMILY      | MAY        | 15  | F   | 6:38  | 22:52   | 13:47  | 43:17 |
| 33    | 607 | TOM        | LASATER    | 52  | M   | 10:17 | 16:19   | 16:51  | 43:27 |
| 34    | 205 | DAVID      | OHNMEIS    | 37  | M   | 8:50  | 19:56   | 15:13  | 43:59 |
| 35    | 401 | DAVID      | GALIK      | 26  | M   | 8:23  | 21:25   | 14:15  | 44:03 |

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## Overall results

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| Place | #   | First Name | Last Name | Age | Sex | Swim  | T1+Bike | T2+Run | Total   |
|-------|-----|------------|-----------|-----|-----|-------|---------|--------|---------|
| 36    | 503 | BRIAN      | CLEVINGER | 36  | M   | 7:59  | 19:50   | 16:31  | 44:20   |
| 37    | 402 | JOE        | HULLINGS  | 52  | M   | 8:30  | 19:46   | 16:47  | 45:03   |
| 38    | 506 | AMANDA     | SHRUM     | 23  | F   | 9:52  | 21:11   | 15:18  | 46:21   |
| 39    | 107 | MICHAEL    | MCGEE     | 40  | M   | 8:18  | 24:29   | 13:42  | 46:29   |
| 40    | 805 | ANDY       | ROSS      | 30  | M   | 11:05 | 20:41   | 14:59  | 46:45   |
| 41    | 806 | CHRISTINE  | NGUYEN    | 34  | F   | 11:17 | 20:51   | 14:43  | 46:51   |
| 42    | 802 | RYAN       | UNRUH     | 36  | M   | 9:46  | 23:48   | 13:20  | 46:54   |
| 43    | 908 | STEVEN     | MORRIS    | 29  | M   | 9:18  | 20:51   | 16:47  | 46:56   |
| 44    | 204 | AMY        | ADAMSON   | 34  | F   | 7:51  | 21:07   | 18:05  | 47:03   |
| 45    | 407 | ANDREW     | PALL      | 40  | M   | 8:48  | 19:51   | 18:29  | 47:08   |
| 46    | 901 | CRAIG      | MILLER    | 34  | M   | 9:19  | 20:34   | 18:20  | 48:13   |
| 47    | 707 | TIM        | MARTZ     | 55  | M   | 9:57  | 22:08   | 16:18  | 48:23   |
| 48    | 606 | MARIE      | HAMPTON   | 56  | F   | 10:10 | 23:10   | 15:05  | 48:25   |
| 49    | 703 | JEFF       | RODGERS   | 27  | M   | 9:40  | 20:21   | 18:35  | 48:36   |
| 50    | 903 | AMY        | EDIGAR    |     | F   | 11:14 | 21:18   | 16:28  | 49:00   |
| 51    | 302 | DAVID      | MORGAN    | 52  | M   | 8:05  | 21:15   | 20:15  | 49:35   |
| 52    | 706 | LISA       | SHAW      | 35  | F   | 9:34  | 21:17   | 19:07  | 49:58   |
| 53    | 801 | CHRISTINE  | UNRUH     | 35  | F   | 11:59 | 22:14   | 16:37  | 50:50   |
| 54    | 702 | JESSICA    | HUMPHRIES | 27  | F   | 9:56  | 25:16   | 17:19  | 52:31   |
| 55    | 902 | BESTY      | CURLESS   | 57  | F   | 11:18 | 23:27   | 18:43  | 53:28   |
| 56    | 507 | SAM        | LETT      | 40  | M   | 8:55  | 23:30   | 21:34  | 53:59   |
| 57    | 708 | KRISTY     | LAUFER    | 34  | F   | 10:26 | 25:17   | 18:22  | 54:05   |
| 58    | 608 | JOSE       | OCADIZ    | 38  | M   | 11:45 | 25:22   | 17:40  | 54:47   |
| 59    | 501 | AARON      | WALLACE   | 30  | M   | 12:20 | 26:00   | 17:32  | 55:52   |
| 60    | 907 | GEORGE     | TCHANKWE  | 25  | M   | 17:42 | 23:50   | 15:40  | 57:12   |
| 61    | 808 | STEPHANIE  | LEAR      | 35  | F   | 14:42 | 25:06   | 18:00  | 57:48   |
| 62    | 803 | KATHLEEN   | BERRYMAN  | 24  | F   | 12:16 | 23:08   | 22:42  | 58:06   |
| 63    | 804 | SHELLY     | CRAWFORD  | 33  | F   | 13:26 | 21:44   | 24:27  | 59:37   |
| 64    | 807 | TIA        | DRUMM     | 29  | F   | 10:42 | 31:30   | 17:40  | 59:52   |
| 65    | 904 | JENNIFER   | WINTER    | 33  | F   | 12:55 | 23:53   | 23:15  | 1:00:03 |
| 66    | 906 | JOAN       | BOWEN     | 46  | F   | 14:08 | 28:03   | 25:59  | 1:08:10 |
|       | 208 | JOE        | KNORP     | 14  | M   |       |         |        | DNF     |
|       | 306 | TANYA      | MOLLEKER  | 29  | F   |       |         |        | DNF     |
|       | 408 | THOMAS     | FOLEY     | 45  | M   |       |         |        | DNF     |
|       | 502 | JOHN       | ADAMSON   | 47  | M   |       |         |        | DNF     |
|       | 504 | TRAVIS     | HACKNEY   | 29  | M   |       |         |        | DNF     |
|       | 905 | ANDREW     | SCHMEIBER | 18  | M   | 11:18 |         |        | DNF     |

# 2010 Central YMCA Indoor Triathlon

## Age Group results

Swim 500 yds, bike 6 miles, run 2 miles

| #            | First Name | Last Name | Age | Sex | Swim  | T1+Bike | T2+Run | Total   |
|--------------|------------|-----------|-----|-----|-------|---------|--------|---------|
| 19 and UNDER |            |           |     |     |       |         |        |         |
| 602          | EMILY      | MAY       | 15  | F   | 6:38  | 22:52   | 13:47  | 43:17   |
| 20-24        |            |           |     |     |       |         |        |         |
| 304          | JAMIE      | MORTON    | 24  | F   | 8:30  | 19:00   | 15:00  | 42:30   |
| 506          | AMANDA     | SHRUM     | 23  | F   | 9:52  | 21:11   | 15:18  | 46:21   |
| 803          | KATHLEEN   | BERRYMAN  | 24  | F   | 12:16 | 23:08   | 22:42  | 58:06   |
| 25-29        |            |           |     |     |       |         |        |         |
| 702          | JESSICA    | HUMPHRIES | 27  | F   | 9:56  | 25:16   | 17:19  | 52:31   |
| 807          | TIA        | DRUMM     | 29  | F   | 10:42 | 31:30   | 17:40  | 59:52   |
| 306          | TANYA      | MOLLEKER  | 29  | F   |       |         |        | DNF     |
| 30-34        |            |           |     |     |       |         |        |         |
| 201          | KARLA      | GREGG     | 34  | F   | 7:40  | 18:48   | 13:03  | 39:11   |
| 806          | CHRISTINE  | NGUYEN    | 34  | F   | 11:17 | 20:51   | 14:43  | 46:51   |
| 204          | AMY        | ADAMSON   | 34  | F   | 7:51  | 21:07   | 18:05  | 47:03   |
| 708          | KRISTY     | LAUFER    | 34  | F   | 10:26 | 25:17   | 18:22  | 54:05   |
| 804          | SHELLY     | CRAWFORD  | 33  | F   | 13:26 | 21:44   | 24:27  | 59:37   |
| 904          | JENNIFER   | WINTER    | 33  | F   | 12:55 | 23:53   | 23:15  | 1:00:03 |
| 35-39        |            |           |     |     |       |         |        |         |
| 105          | KATHLEEN   | BROWN     | 38  | F   | 7:22  | 19:46   | 16:01  | 43:09   |
| 706          | LISA       | SHAW      | 35  | F   | 9:34  | 21:17   | 19:07  | 49:58   |
| 801          | CHRISTINE  | UNRUH     | 35  | F   | 11:59 | 22:14   | 16:37  | 50:50   |
| 808          | STEPHANIE  | LEAR      | 35  | F   | 14:42 | 25:06   | 18:00  | 57:48   |
| 45-49        |            |           |     |     |       |         |        |         |
| 206          | KIMBERLY   | MENDELSON | 47  | F   | 8:34  | 18:37   | 15:29  | 42:40   |
| 906          | JOAN       | BOWEN     | 46  | F   | 14:08 | 28:03   | 25:59  | 1:08:10 |
| 55-59        |            |           |     |     |       |         |        |         |
| 606          | MARIE      | HAMPTON   | 56  | F   | 10:10 | 23:10   | 15:05  | 48:25   |
| 903          | AMY        | EDIGAR    | ?   | F   | 11:14 | 21:18   | 16:28  | 49:00   |
| 902          | BESTY      | CURLISS   | 57  | F   | 11:18 | 23:27   | 18:43  | 53:28   |

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## Age Group results

Swim 500 yds, bike 6 miles, run 2 miles

| #            | First Name | Last Name | Age | Sex | Swim  | T1+Bike | T2+Run | Total |
|--------------|------------|-----------|-----|-----|-------|---------|--------|-------|
| 19 and UNDER |            |           |     |     |       |         |        |       |
| 103          | CHRIS      | ROBINSON  | 15  | M   | 6:47  | 18:53   | 14:59  | 40:39 |
| 605          | ADAM       | MAY       | 13  | M   | 7:00  | 21:53   | 11:57  | 40:50 |
| 603          | NICHOLAS   | MAY       | 10  | M   | 7:52  | 22:24   | 12:21  | 42:37 |
| 604          | LUCAS      | MAY       | 11  | M   | 7:26  | 23:06   | 12:19  | 42:51 |
| 208          | JOE        | KNORP     | 14  | M   |       |         |        | DNF   |
| 905          | ANDREW     | SCHMEIBER | 18  | M   | 11:18 |         |        | DNF   |
| 20-24        |            |           |     |     |       |         |        |       |
| 506          | ANDREW     | SHRUM     | 23  | M   | 9:52  | 21:11   | 15:18  | 46:21 |
| 25-29        |            |           |     |     |       |         |        |       |
| 203          | SCOTT      | COINER    | 28  | M   | 7:59  | 17:04   | 11:39  | 36:42 |
| 404          | LUKE       | WINFREY   | 28  | M   | 7:44  | 18:41   | 13:21  | 39:46 |
| 701          | BRYAN      | ZIEGLER   | 26  | M   | 9:17  | 18:24   | 12:26  | 40:07 |
| 401          | DAVID      | GALIJK    | 26  | M   | 8:23  | 21:25   | 14:15  | 44:03 |
| 908          | STEVEN     | MORRIS    | 29  | M   | 9:18  | 20:51   | 16:47  | 46:56 |
| 703          | JEFF       | RODGERS   | 27  | M   | 9:40  | 20:21   | 18:35  | 48:36 |
| 907          | GEORGE     | TCHANKWE  | 25  | M   | 17:42 | 23:50   | 15:40  | 57:12 |
| 504          | TRAVIS     | HACKNEY   | 29  | M   |       |         |        | DNF   |
| 30-34        |            |           |     |     |       |         |        |       |
| 101          | STEVE      | LARSON    | 30  | M   | 6:32  | 17:04   | 11:52  | 35:28 |
| 403          | TIM        | REYNOLDS  | 31  | M   | 8:24  | 18:01   | 13:05  | 39:30 |
| 308          | JON        | MESSENGER | 30  | M   | 7:18  | 19:02   | 13:59  | 40:19 |
| 508          | SCOTT      | WADLE     | 30  | M   | 8:58  | 18:57   | 12:43  | 40:38 |
| 505          | SETH       | SPRANGLER | 34  | M   | 8:28  | 19:10   | 14:02  | 41:40 |
| 704          | MATTHEW    | HOYT      | 30  | M   | 10:34 | 19:39   | 12:50  | 43:03 |
| 805          | ANDY       | ROSS      | 30  | M   | 11:05 | 20:41   | 14:59  | 46:45 |
| 901          | CRAIG      | MILLER    | 34  | M   | 9:19  | 20:34   | 18:20  | 48:13 |
| 501          | AARON      | WALLACE   | 30  | M   | 12:20 | 26:00   | 17:32  | 55:52 |
| 705          | BARRIE     | ROESLER   | 31  | M   | DNF   | 17:20   | 14:24  | DNF   |
| 35-39        |            |           |     |     |       |         |        |       |
| 207          | MARK       | HALL      | 37  | M   | 7:33  | 18:21   | 11:51  | 37:45 |
| 205          | DAVID      | OHNMEIS   | 37  | M   | 8:50  | 19:56   | 15:13  | 43:59 |
| 503          | BRIAN      | CLEVINGER | 36  | M   | 7:59  | 19:50   | 16:31  | 44:20 |
| 802          | RYAN       | UNRUH     | 36  | M   | 9:46  | 23:48   | 13:20  | 46:54 |
| 608          | JOSE       | OCADIZ    | 38  | M   | 11:45 | 25:22   | 17:40  | 54:47 |

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|-------|------------|------------|-----|-----|-------|---------|--------|-------|
| 40-44 |            |            |     |     |       |         |        |       |
| 108   | MARK       | HOYLE      | 44  | M   | 7:23  | 17:11   | 12:34  | 37:08 |
| 104   | MARK       | HILGER     | 41  | M   | 7:06  | 17:14   | 13:59  | 38:19 |
| 601   | DOUG       | MAY        | 44  | M   | 8:08  | 17:47   | 12:48  | 38:37 |
| 305   | LONNIE     | AWTREY     | 44  | M   | 8:29  | 17:59   | 12:57  | 39:27 |
| 301   | MIKE       | KNORP      | 42  | M   | 7:34  | 18:22   | 14:08  | 40:04 |
| 307   | BLAKE      | WELLS      | 42  | M   | 8:58  | 19:23   | 13:45  | 42:06 |
| 107   | MICHAEL    | MCGEE      | 40  | M   | 8:18  | 24:29   | 13:42  | 46:29 |
| 407   | ANDREW     | PALL       | 40  | M   | 8:48  | 19:51   | 18:29  | 47:08 |
| 507   | SAM        | LETT       | 40  | M   | 8:55  | 23:30   | 21:34  | 53:59 |
| 45-49 |            |            |     |     |       |         |        |       |
| 202   | ALAN       | FARRINGTON | 46  | M   | 7:14  | 17:21   | 11:56  | 36:31 |
| 102   | JEFF       | SCHMIDT    | 46  | M   | 6:18  | 18:30   | 13:10  | 37:58 |
| 406   | TIM        | LENZ       | 48  | M   | 9:41  | 17:39   | 14:01  | 41:21 |
| 408   | THOMAS     | FOLEY      | 45  | M   |       |         |        | DNF   |
| 502   | JOHN       | ADAMSON    | 47  | M   |       |         |        | DNF   |
| 50-54 |            |            |     |     |       |         |        |       |
| 303   | ED         | PETKUS     | 51  | M   | 8:36  | 17:49   | 13:55  | 40:20 |
| 106   | ROBERT     | FERENC     | 50  | M   | 7:15  | 19:37   | 16:19  | 43:11 |
| 607   | TOM        | LASATER    | 52  | M   | 10:17 | 16:19   | 16:51  | 43:27 |
| 402   | JOE        | HULLINGS   | 52  | M   | 8:30  | 19:46   | 16:47  | 45:03 |
| 302   | DAVID      | MORGAN     | 52  | M   | 8:05  | 21:15   | 20:15  | 49:35 |
| 55-59 |            |            |     |     |       |         |        |       |
| 707   | TIM        | MARTZ      | 55  | M   | 9:57  | 22:08   | 16:18  | 48:23 |
| 60-64 |            |            |     |     |       |         |        |       |
| 405   | RUSS       | LUNDSTROM  | 62  | M   | 8:39  | 18:41   | 15:12  | 42:32 |